

Woodburn Pediatric Clinic

DIAPER CARE

An infant's skin is very sensitive. No matter how carefully you take care of your baby, occasionally diaper rashes may occur.

ROUTINE CARE OF THE DIAPER AREA

- Do not leave the baby in a wet or soiled diaper for too long a time. Clean the skin with a little fresh water or a diaper wipe. Let the area air dry for few minutes. Avoid the frequent use of soap. Use Vaseline or Desitin with every diaper change
- Expose the diaper area to air few times a day.

DIAPER RASH CARE

- Expose the diaper area to air for 15 to 20 minutes few times a day.
- Try to change the diaper as soon as the child is wet or soiled.
- Use zinc oxide (Desitin) or A&D ointment or Vaseline to protect the skin from urine and stool.
- Be sure to use hypoallergenic unscented products, as the perfume can irritate sensitive skin.

Call the clinic (503-981-5348) if:

- The rash is not getting better, in spite of the usual treatment. It is necessary to see the baby and check for an infection.