

INFLUENZA VACCINE

The flu vaccine protects you, your family, and your community from the influenza virus.



Influenza (the flu) is spread when someone with the virus coughs or sneezes. Flu symptoms are similar to a cold (fever, runny nose, sore throat, or cough), but the flu usually makes people feel much worse. Flu may also cause headaches, body aches, or fatigue.(1)

Doctors recommend children 6 months and older get the flu vaccine annually. (1)



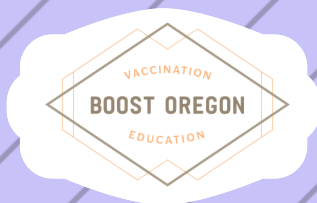
Possible side effects are redness and slight swelling at the injection site, soreness, fever, headache, or muscle aches.(2)

Can the vaccine give you the flu?

No, you cannot get the flu from the flu vaccine. The vaccine contains an inactivated virus, so it cannot make you sick.(2)

Fast Fact:

The flu vaccine reduces children's flu-related pediatric intensive care unit admission by **74%**. (3)



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1) American Academy of Pediatrics: <https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/The-Flu.aspx>

2) Families Fighting Flu, Flu Vaccine FAQs: <https://www.familiesfightingflu.org/flu-vaccination/>

3) Centers for Disease Control and Prevention: <https://www.cdc.gov/flu/prevent/vaccine-benefits.htm>